



## CROSS COUNTRY WITH THE BIKE

The area around the Plose is a true eldorado for mountain bikers. Varied trails of different levels line the high plateau and provide unique views of the mountain scenery.

As part of Plose Bike's weekly program, experienced guides will show you the best routes, take you on hidden trails and give your holiday an extra kick.

**Registration:** within 8 pm of the previous evening at the reception or on [info@plosebike.com](mailto:info@plosebike.com)

**Price:** € 60 per tour

So, get on the saddle and have fun!

Information about Plose Bike, a checklist for the right equipment and many more tips can be found [here](#).

You can either bring your own bike or rent it [here](#).

Plose Bike will also be happy to help you organize a rental bike. All tours can be completed with an e-bike.



# WEEKLY PROGRAM

## MONDAY

Sellaronda  
Pure riding pleasure

**TYPE:** Enduro Tour  
**DIFFICULTY:** S0 - S3  
**KM:** about 58

**CONDITION:** 4/5  
**START/PLACE:** 07.15 am Bressanone  
tourist information, 08.00 am Naz  
tourist information

## TUESDAY

Val du Funes  
Bike the Dolomites

**TYPE:** E-Bike  
**DIFFICULTY:** S0 - S1  
**KM:** about 30

**CONDITION:** 2/5  
**START/PLACE:** 9:30 am Bressanone  
tourist information, 10.00 am  
Chiusa tourist information

## WEDNESDAY

Bressanon Bikepark  
Trailsurfen on Plose

**TYPE:** technics & Freeride Tour  
**DIFFICULTY:** S0 - S2  
**KM:** ca. 15

**CONDITION:** 3/5  
**START/PLACE:** 9.30 am Bressanone  
tourist information, 09.45 am  
sport zone sud

## THURSDAY

Velturmo huts tour  
The perfect mixture

**TYPE:** Cross Country  
**DIFFICULTY:** S0 - S2  
**KM:** ca. 20

**CONDITION:** 3/5  
**START/PLACE:** 9.30 am Bressanone  
tourist information, 10.10 am  
Chiusa tourist information

## FRIDAY

Family Bike Tour  
Tour for the whole family & skills

**TYPE:** Cross Country  
**DIFFICULTY:** S0 - S2  
**KM:** ca. 30

**CONDITION:** 3/5  
**START/PLACE:** 01.30 pm Bressanone  
tourist information, 02.15 pm  
Chiusa tourist information