

DER
GASSER
HOF

MASSAGE
& BEAUTY

OPERATING HOURS

Sauna
2.00 pm - 7.00 pm

Indoor and outdoor pool
7.00 am - 7.00 pm

RESERVATIONS

We recommend that you book the desired treatments and advise us of your preferred time slot before your arrival at Gasserhof.

BEFORE THE TREATMENT

Please present yourself to the spa reception five minutes before the start of the treatment, wearing a bathrobe and slippers. Our wellness area is a place of quiet and relaxation. Therefore, please do not use your mobile phones.

HEALTH

Please inform the spa staff about any health problems and prescription drugs taken before starting the treatment.

PREGNANCY

If you are expecting, please let us know so that we can offer you a selection of individual treatments.

CANCELLATIONS

You can cancel your wellness appointments up to 24 hours in advance.

For cancellations communicated with less notice, 80% of the cost of the treatment will be charged.



MASSAGE

COMBINED PACKAGES
TO A SPECIAL PRICE:

1 back massage with arnica oil
and 1 chestnut & mint leg massage

50 minutes

€ 60.00

You can combine 2 or more treatments of your choice and receive a discounted price.

Classic body massage

Ideal for dissolving muscular tension and stimulating the metabolism.

50 minutes € 58.00

Draining massage

Soft tissues and muscles are gently massaged with the technique of cupping, which promotes the purification of the lymphatic system.

25 minutes € 32.00

50 minutes € 58.00

Back massage with arnica oil

Relaxation of the back muscles through targeted and deep massaging.

25 minutes € 32.00

Chestnut & mint leg massage

Ideal after a day dedicated to skiing or trekking.

25 minutes € 32.00

Face - head - neck massage

It relaxes the central nervous system and relieves neck tension.

25 minutes € 32.00

Aromatic massage with essential oils

A gentle and harmonious massage, made with warm essential oils of your choice.

50 minutes € 63.00

Massage of meridians

The brush massage on the Yin and Yang meridians stimulates circulation. The treatment is concluded with the application of a body lotion.

25 minutes € 35.00

Relaxation massage

Relaxing and regenerating massage with warm almond oil.

50 minutes € 60.00

Honey massage

A treatment to relieve tension, stimulate circulation and regenerate the body by purifying it. This massage makes it possible to remove waste and toxins from deep inside the tissues and to eliminate blockages more easily.

35 minutes

€ 45.00

Hot stone massage

Full of harmony through the strength of hot stones.
Enjoy the warmth and savour a feeling of new vitality.

75 minutes

€ 80.00

Plantar reflexology massage *

This treatment stimulates and activates the reflex zones through the soles of the feet.

25 minutes

€ 32.00

Pampering well-being *

The treatment focuses on the main joints, working on specific relaxation points of the head and face. It relaxes the entire back, loosens tight joints and promotes a restful sleep. The ideal way to say goodbye to stress, regain vibrant vitality and prevent burnout.

50 minutes

€ 60.00

Massage with Tibetan bells *

This treatment was chosen above all to promote healing, meditation and inner peace. The vibration of the Tibetan bells is perfect for transmitting harmony to the body.

25 minutes

€ 32.00

Massage with precious stones *

Combines classical and Asian massage techniques, using precious stones bathed in warm aromatic oil for a purifying and regenerating effect. A winning ally in the fight against stress.

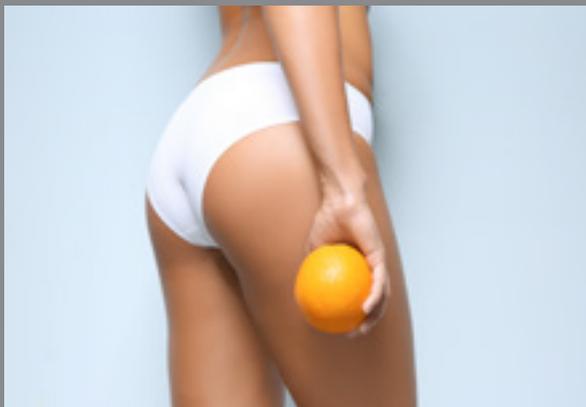
50 minutes

€ 60.00

75 minutes

€ 82.00

* By appointment only with Tanja Weikenstorfer.



ANTI-CELLULITE TREATMENT

The treatment begins with a peeling on the thighs and buttocks to stimulate circulation. The following pack, accompanied by a foot massage, allows you to purify and tone the skin.

Finally, the problem areas are massaged with a highly effective anti-cellulite cream, which gives the skin a pleasant sensation of smoothness.

50 minutes

€ 62.00



VISO VITALIS DR. JOSEPH TREATMENTS

A natural anti-age protection and extraordinary effectiveness thanks to the most precious active ingredients of our land. Let yourself be pampered by a treatment chosen according to your skin type and made with products from our certified organic cosmetic line. For facial treatments, your personal requests and needs will be taken into consideration.

VITALIS

DR JOSEPH



Classic

Cleaning, peeling, cleansing, eyebrow correction, face massage and mask.

50 minutes

€ 65.00

Deluxe

Cleaning, peeling, cleansing, eyebrow correction, upper lip depilation (on request), facial massage and mask, accompanied by a hand massage.

80 minutes

€ 87.00

For men

A treatment especially for men. Cleaning, peeling, cleansing, eyebrow shaping, relaxing facial massage and mask.

50 minutes

€ 65.00

BEAUTY

Manicure with nail polish or hand massage

50 minutes

€ 25.00

Pedicure with nail polish or foot massage

50 minutes

€ 42.00

Manicure and pedicure without nail polish

80 minutes

€ 57.00

Nail varnish application

15 minutes

€ 10.00

Eyebrow shaping

10 minutes

€ 12.00

Eyebrow tinting

10 minutes

€ 14.00

Eyelash tinting

20 minutes

€ 16.00

Eyebrow shaping and tinting

20 minutes

€ 21.00

Eyelash and eyebrow tinting

25 minutes

€ 25.00

DEPILATION

WITH HOT WAX

Full leg depilation

25 minutes

€ 35.00

Half leg depilation

20 minutes

€ 25.00

Arm depilation

10 minutes

€ 12.00

Bikini area depilation

15 minutes

€ 18.00

Underarm depilation

10 minutes

€ 12.00

Depilation of upper lip or chin

10 minutes

€ 12.00

Back depilation

20 minutes

€ 21.00



Hotel Gasserhof
Dorfstraße 31 - Via Paese 31
I-39042 St. Andrä/Brixen
S. Andrea/Bressanone
Südtirol - Alto Adige - South Tyrol
T. 0039 0472 850097
hotel@gasserhof.com

gasserhof.com